

EXPERTISE

- Holistic Assessment
- Communication Skills
- Group Facilitation
- Conflict Resolution
- Crisis Management
- Client Assessment
- Cultural Humility
- Curriculum Design
- Motivational Interviewing
- Cognitive Reframing
- Art and Mindfulness Activities
- Reflective Listening
- Empathy

TRAINING

- Motivational Interviewing
- Crisis Training
- Family Therapy
- Suicide Prevention
- TBRI
- Internal Family Systems
- Trauma Informed Cognitive.
Behavioral Therapy
- Attachment Therapy
- Somatic Movement
- Expressive Therapy
- Sand Tray Therapy
- Play Therapy
- Attachment Therapy
- Narrative Therapy
- Exposure Therapy
- Multicultural Counseling
- Substance Abuse
- Religion & Spirituality in Therapy

Brianna Lewis

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ABOUT

Brianna Lewis is a faith based licensed social worker that utilizes crisis support skills, trauma informed education and evidenced based frameworks to support parents, marriages and families. Brianna has worked and served in the school system, foster care system and integrated health care system. She currently serves as a clinical care advisor and maintains a private practice Studio Brianna Nechelle PLLC where she continues individual therapy, expressive arts therapy and women's ministry.

EXPERIENCE

CLINICAL CARE ADVISOR
CREOKS Health Services
Tulsa, OK

Jan 2025–
Now

- Maintain a clinical caseload and conduct ongoing utilization and treatment reviews of TC3 packages.
- Lead facilitate training sessions to promote skill development with excellence such as Together Facing The Challenge or pre-service orientation trainings for foster families.
- Oversee coordination of assessments and ensure comprehensive, individualized treatment and service plans are developed and updates and implemented.
- Integrate therapy services within the agency's evidenced-informed treatment model ensuring fidelity to program goals and therapeutic approaches.
- Ensures treatment /therapy documentation is in the chart for all providers involved.
- Ensure timely, complete, and accurate documentation of all treatment services and therapeutic interventions.
- Oversee and approve service plans, treatment plans, and update with specific goals delineating clinical intervention unique to the individual as appropriate.
- Provide direct consultation and crisis support on site, via phone/video, including scheduled on-call availability as required by service package protocols.
- Deliver trauma informed education, training, and guidance to staff, clients and families to strengthen clinical outcomes and caregiver competency.
- Offer clinical support to internal departments and families.
- Collaborate with agency teams to review therapeutic tools and practices, providing evidence based recommendations for implementation.
- Contribute to agency-wide mental health initiatives and respond to clinical requests from executive leadership.
- Participate in child and family team meetings, multidisciplinary clinical meetings, administrative meetings as appropriate.
- Interpret standardized assessments such as CANS or ANSA

EDUCATION

UNIVERSITY OF KANSAS 2018 – 2020
MASTERS– CLINICAL SOCIAL WORK
• Integrated Health Scholar (GPA: 3.9/4.0)
• AmeriCorps Member

UNIVERSITY OF MISSOURI 2011 – 2016
BACHELORS– COMMUNICATION
• African American Studies Minor
• Black Women Rock Honoree

JOHN CABOT UNIVERSITY 2014
Rome, Italy
INTERCULTURAL COMMUNICATION
• Summer participant (GPA: 4.0)

PRIVATE PRACTICE THERAPIST February 2024–
Whole & Empowered Therapy PLLC May 2025
Seattle, WA

- Conduct individual therapy and family therapy for private practice and maintain contract with Mindful Therapy Group
- Utilize trauma informed techniques with the appropriate therapeutic models for person centered treatment
- Teach reconciliation skills and conflict management skills for divorced families and blended families
- Teach mental health and faith based concepts via online platforms
- Integrate Faith based principles with evidenced based practice to help clients with church hurt and spiritual affliction
- Utilize IFS and art therapy techniques to help clients improve self-reflection skills

THERAPIST June 2023–
CREOKS Health Services July 2024
Tulsa, OK

- Conduct individual therapy, family therapy and group therapy with students and parents at Central and Webster High School
- Connect clients to resources for case management
- Provide Reports as necessary for court, hospitalizations etc.
- Utilize trauma informed techniques with the appropriate therapeutic models for person centered treatment
- Complete treatment plans and assessments in timely manner
- Advocate for clients in school system by addressing barriers that affect client’s attendance, grades, and or in-school suspensions
- Coordinate meetings with parents and teach parenting skills
- Teach problem resolution, emotional regulation and conflict management skills to clients
- Use crisis management skills and suicide prevention skills for students entering school system after hospitalization
- Utilize Art therapy, Expressive therapies and Narrative therapy techniques to help clients improve self-reflection skills

THERAPIST December 2022–
A New Way Center May 2023
Tulsa, OK

- Conduct individual therapy, family therapy and group therapy with students and parents at Central Middle and High school
- Connect clients to resources for case management
- Utilize trauma informed techniques as well as Internal Family Systems , TBRI and strengths perspective in sessions
- Complete treatment plans and assessments in timely manner
- Advocate for clients in school system by addressing barriers that affect client’s attendance, grades, and or in-school suspensions
- Facilitated group sessions addressing bullying and domestic violence
- Coordinate meetings with parents and teach parenting skills
- Conduct groups teaching problem resolution, emotional regulation and conflict management skills
- Use crisis management skills on daily basis to for high risk and suicidal students

VIRTUAL GROUP THERAPIST

Restorative Healing Solutions LLC / Self-Employed
Raytown, MO

July 2020 – July
2021

- Created a holistic curriculum teaching life skills and coping strategies for new mothers 30 years old and younger who are currently pregnant or have children 0–3 years old transitioning into motherhood.
- Facilitated topics surrounding parenting skills, work–life balance, body self-esteem, and more.
- Assessed group members strengths and allotted time for members to share their passions and skills with the group.
- Taught cognitive reframing in regards to "mother's guilt"
- All members reported an increase in self-care, support and a greater understanding of Women's Health.
- All members reported a decrease in fear of labor and delivery.
- 2 members became doulas and 4 members went on to start support groups in their communities.
- Participants reported a decrease in anxiety amongst group members by asking questions, demonstrating vulnerability, giving and receiving and advice.

INTAKE SPECIALIST (Practicum)

Swope Health Services
Kansas City, MO

August 2019 –
April 2020

- Coordinated new client admission for racially diverse populations with comorbid disorders, personality disorders, SUD, homelessness and barriers to health care.
- Diagnosed clients using DSM-V and GAF scale.
- Used motivational interviewing to evaluate client's social history, family history, medical history and trauma history.
- Assessed clients for suicidal and homicidal ideation as well as facilitated crisis management.
- Referred clients for medical services, psychiatric services, case management and or substance abuse treatment based on the client's unique challenges.
- Collaborated with client to form a care plan for services.
- Used CBT, systems theory and the strengths perspective approach.
- Documented treatment goals and interactions from each therapy and intake session.
- Conduct group therapy for at risk teen girls to increase conflict resolution skills and self-esteem
- Met with supervisor weekly to discuss client progress and diagnoses as a student contractor.

Intern (Practicum)

Child Abuse Prevention Association
Independence, MO

January 2018 –
April 2019

- Assessed children for signs of abuse.
- facilitated parenting classes.
- Used play therapy and sand tray therapies in individual therapy sessions with children.
- Documented treatment goals and interactions from each therapy and intake session.
- Met with supervisor weekly to discuss client progress and diagnoses as a student contractor.